R E P O R T R E S U M E S

ED 011 424 EC 000 150

INDIVIDUAL TESTING AND PSYCHOLOGICAL SERVICES AVAILABLE TO PUBLIC SCHOOLS IN NORTH DAKOTA.

NORTH DAKOTA DEPT. OF PUBLIC INSTR., BISMARCK
REPORT NUMBER NDDPI-10 PUB DATE 1 MAR 66
EDRS PRICE MF-$0.09 HC-$0.92 23P.

DESCRIPTORS- *PSYCHOLOGICAL SERVICES, *PSYCHOEDUCATIONAL CLINICS, PSYCHOLOGICAL TESTING, REFERRAL, PSYCHOLOGICAL EVALUATION, COUNSELORS, PSYCHOMETRISTS, PSYCHOLOGISTS, STATE AID, COMMUNITY AGENCIES (PUBLIC), QUALIFICATIONS, COUNSELING, BISMARCK

PSYCHOLOGICAL TESTING, TREATMENT, AND CONSULTANT SERVICES ARE AVAILABLE. A SCREENING AND REFERRAL PROCEDURE WHICH INCLUDES RECOMMENDED GROUP INTELLIGENCE AND ACHIEVEMENT TESTS IS OUTLINED. EIGHT AGENCIES PROVIDING PSYCHOLOGICAL SERVICES ARE DESCRIBED BY NAME, SPONSORING AGENCY, SERVICES AVAILABLE, CLIENT ELIGIBILITY, WAITING PERIOD, FEES, AVAILABILITY OF REPORTS, AND PERSON TO CONTACT FOR APPOINTMENTS. PSYCHOLOGICAL SERVICES IN THE SCHOOL MAY BE PROVIDED BY A VISITING COUNSELOR, SCHOOL PSYCHOMETRIST, OR SCHOOL PSYCHOLOGIST. THE REQUIRED TRAINING AND FUNCTIONS OF EACH POSITION ARE OUTLINED. (MY)

Guides To Special Education In North Dakota—

X. Psychological Services Available To Public Schools

U. S. DEPARTMENT OF HEALTH, EDUCATION AND WELFARE
Office of Education
This document has been reproduced exactly as received from the person or organization originating it. Points of view or opinions stated do not necessarily represent official Office of Education position or policy.

DEPARTMENT OF PUBLIC INSTRUCTION
M. F. Peterson, Superintendent
BISMARCK, NORTH DAKOTA

"BUY NORTH DAKOTA PRODUCTS"

ED011424

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
OFFICE OF EDUCATION

THIS DOCUMENT HAS BEEN REPRODUCED EXACTLY AS RECEIVED FROM THE PERSON OR ORGANIZATION ORIGINATING IT. POINTS OF VIEW OR OPINIONS STATED DO NOT NECESSARILY REPRESENT OFFICIAL OFFICE OF EDUCATION POSITION OR POLICY.

INDIVIDUAL TESTING AND PSYCHOLOGICAL SERVICES AVAILABLE TO PUBLIC SCHOOLS IN NORTH DAKOTA

Department of Public Instruction
M. F. Peterson, Superintendent
Bismarck, North Dakota

March 1, 1966

Buy North Dakota Products

INDIVIDUAL TESTING AND PSYCHOLOGICAL SERVICES AVAILABLE TO PUBLIC SCHOOLS IN NORTH DAKOTA

Table of Contents

PART ONE-Planning To Use Psychological Services 1-4

- The Need 1
- Services 1
- Referral Procedures 2-4

PART TWO-Psychological Services 5-18

- Division of Community Mental Health and Retardation Services 6
- State Psychiatric Clinic 8
- County and Area Welfare Centers 9
- University of North Dakota 11
- Minot State College 13
- State Hospital, Jamestown 15
- Psychological Testing and Services in Public Schools 16-18

INDIVIDUAL TESTING AND PSYCHOLOGICAL SERVICES AVAILABLE TO PUBLIC SCHOOLS IN NORTH DAKOTA

Part One: Planning To Use Psychological Services

I. The Need: Every school administrator recognizes his need to know more about individual children in the school. Children with behavior disturbances or learning difficulties come quickly to mind.

In order to help the child the school must know as much as possible about the nature and cause of his problem. Without this information there is a tendency to improvise treatment which is as often detrimental as it is helpful. Expedient decisions made in a given situation are often weighted in favor of the class, the teacher or the school and may actually ignore or reject the child.

There are two types of handicapped children for which psychological services have particular importance: 1) the mentally retarded children 2) the socially and emotionally maladjusted children.

A. In order to set up an approved classroom for educable mentally handicapped children each child must be found eligible by individual evaluation made by a qualified psychological examiner.

B. Children with behavior disturbances and emotional problems should be referred for evaluation prior to any official school board action on the situation. Children suffering through school without success, for whatever reason, deserve all of the help which can be given.

II. Services: Psychological services may provide the information which will make the situation easier for the school and helpful to the child. These services, provided by trained psychologists, psychological examiners, psychiatric nurses, visiting counselors to socially and emotionally maladjusted children or specially trained educational, welfare or nursing personnel include:

1. Testing
   a. intellectual functioning
   b. personality and adjustment
   c. ability and aptitudes

2. Treatment
   a. counselling
   b. psychotherapy
   c. other intensive programming

3. Consultative services
   a. with teachers and principals
   b. with parents
   c. community education in mental health

III. Referral Procedure: Each of the following steps is necessary to some degree in order that the referral will have maximum worth to the child in need of help in the situation.

A. Teacher referral - Teachers working closely with children will refer those with
   1. learning difficulties
   2. unusual behavior
   3. emotional maladjustment

B. Individual records - Cumulative records of the school may hold information which will be helpful.
   1. group achievement tests
   2. group mental maturity scores
   3. individuals evaluations
   4. physical and medical reports
   5. social data

C. Individual screening - Individually administered tests of achievement or group mental ability tests may be given by school personnel to provide more information before making referral to the psychologists.

   1. Achievement - Iowa Tests of Basic Skills or other achievement batteries.
   2. Screening for ability - When screening children for referral to psychological services for testing to determine the need for possible placement in a special education class for educable mentally handicapped children.*

Procedures:

   a. Select all children who have scores IQ of 80 or less on any previous intelligence test.

   b. Select those who are one or more years over-age in grade.

   c. Select all children within age range being considered who are doing failing work or score two grades or more below expected achievement for age on Iowa Tests of Basic Skills.

   d. Provide not less than two group tests from the following:
      1) Primary level (Chronological age 7-10)
         a) Otis Quick Scoring, Alpha, Short Form

*Tests suggested below are recommended in "A Study of Group Test Procedures in Identification of Children For Placement in Slow Learning Classes", Division of Special Education, Ohio State Department of Education, Columbus, Ohio.

IQ 80 or below
b. SRA Primary Mental Maturity age 5-7 (preferred)
c. California Mental Maturity, Primary, 1957

e) Refer for individual psychological evaluation if test scores are IQ 80 or below.

2) Intermediate level
a) Otis Quick Scoring, Beta, Form M.
b) Kuhlman-Finch Intelligence Tests Level III (preferred)
c) California Mental Maturity, Elementary, 1957
d) SRA Primary Mental Abilities ages 7-11
e) On basis od two test scores refer for individual psychological evaluation if one or both scores are IQ 80 or below

3) High School Level (chronological age 14-17)
a) Otis Quick Scoring, Beta Form M (preferred)
b) Henmon - Nelson, revised, Grades 3-6
c) SRA Primary Mental Abilities ages 11-17 (preferred)
d) California Mental Maturity, Junior High School, 1957
e) On the basis of two test scores refer for individual psychological evaluation if scores are IQ 80 or below.

3. Referral for study - A child whose learning in the classroom is negligible yet who scores high on the group mental ability test has problems other than mental retardation which cause his lack of progress. Referral to psychological services may verify suspected causes, and may also give suggestions and a plan for modifying them. This child needs help, but may or may not be included in the special education program.

D. Referral - Because all psychological services are in great demand it is important to make appointments and plans well in advance of deadlines or decisions.

Keep in mind that prior to referral the school should see that the following provisions are made:

1. Parent cooperation - The school making the referral is responsible for interpreting the need and enlisting the cooperation of the parents. No program of testing or treatment is fully successful without parent participation.

   Parent conferences motivated by the administrators sincere wish to do something for their child are most often highly successful.

2. A factual, professional report of the child's school adjustment and achievement, including copies of pertinent reports must be available for the psychologist's use.

3. A social history may be obtained when necessary through the cooperation of the local welfare board or other agency involved in specific cases. This report should be requested to be sent directly to the office which will provide the psychological services.

4. A budget item for use in paying for individual psychological evaluations from school funds should be included in the annual budget of the school board.

5. A conference between the psychological services personnel, the parents and the school personnel should be arranged whenever possible or desirable.

6. Strict confidentiality of all verbal and written information regarding the child and his family is important. Access to the reports and information must be limited to those who are to work with the child and have a professional understanding of this requirement.

   Because of the past abuses of this professional responsibility, it is sometimes difficult to procure release of confidential information to school personnel. Only through integrity in this matter can teachers and school administrators retain true professional status.

Part Two - Psychological Services in North Dakota

1. Work through local representatives of the agencies listed whenever there is one.

2. Write directly to the persons indicated for appointments or information when no local personnel is available.

3. Plan well in advance of need for the information to meet deadlines and make decisions.

AGENCY SERVICES - I

1. Name of Facility or Agency

Division of Community Services,
Mental Health and Retardation Services

2. Sponsoring Agency or Institution

State Department of Health, Bismarck

3. Psychological services available: Direct services available through this office include psychological evaluation and follow-up consultant services by this Division's School Mental Health Consultant and Mental Health Nurse Consultant, and by Public Health Nurses in the local area of the referral.

Psychological consultative services are available where they might be useful in incorporating mental health principles in curriculum or management of emotionally disturbed and/or mentally retarded children in classrooms or homebound programs, or planning of group testing programs.

Psychological testing projects are scheduled for the three summer months. A team of three psychologists is available to County Special Education Boards which have made specific plans and arrangements satisfactory to the Division of Special Education, Department of Public Instruction. The Division of Community Services collaborates with the Division of Special Education in making it possible for large numbers of children in selected communities to be evaluated for possible special needs and services.

The State Psychiatric Clinic in Bismarck is one of the Divisions under Mental Health and Retardation Services in the State Department of Health. When psychological evaluation indicates the desirability of psychiatric diagnostic study. The State Psychiatric Clinic is made known to the client as a possible resource. The suggestion is made that the client be referred to the State Psychiatric Clinic or other psychiatric services by the client's doctor.

4. Client eligibility: Services are available to any child. It is preferred that referral be made through the school administrator or the local public health nurse. In either case the parents' consent for testing is required.

5. Approximate time between request and appointment time:

A minimum of three weeks to two months except for special summer testing projects requested by County Special Education Boards. Emergency requests are given every possible consideration.

6. Fees

No charge is made for services from this office.

7. Will reports be available to the school following examinations?

Reports will be made available to the school administrator and to the public health nurse representing this Division unless the parents' refuse to give this permission. On referrals from County Special Education Boards, reports are available to the County Superintendent as the authorized agent of the Board.

8. To make appointments write directly to:

Mr. Chester J. Eugene, Director
Division of Community Services
Mental Health and Retardation Services
State Department of Health
Bismarck, North Dakota

Information provided by C. J. Eugene

Title Director, Division of Community Services

Date 12/15/65

AGENCY SERVICES - II

1. Name of Facility or Agency

   State Psychiatric Clinic
   Mental Health Services
   Bismarck, North Dakota

2. Sponsoring Agency or Institution:

   State Department of Health, Bismarck

3. Services available: Professional psychiatric, psychological and social services to individuals, state and local departments and agencies. Diagnostic study and treatment through individual and group psychotherapy and play therapy, and social services to relatives, parents or guardians of the patient.

4. Client eligibility:

   Referrals may be made by physicians, courts, state institutions and Division of Community Services, Mental Health services of State Health Department. Referrals from individuals, parents, clergymen, school administrators, etc. should be processed through a physician, who will refer to the Clinic.

5. Approximate time between request and appointment time:

   A waiting period of one or two months exists at present. Emergency situations are given immediate consideration based on the circumstances of each case.

6. Fees

   Fees are in keeping with ability to pay. No one is denied the services provided by the Clinic because of inability to pay.

7. Will reports be available to the School following examination?

   With permission granted by the parents, a summary report may be sent to the school administrator.

8. To make appointments write directly to:

   S. J. Thakor, M. D., Director
   State Psychiatric Clinic
   320 Ave. B. East, Bismarck. North Dakota

Informarion provided by S. J. Thakor, M.D.

Title Director, State Psychiatric Clinic

Date 11/15/65

AGENCY SERVICES - III

1. Name of Facility or Agency:

County and Area Welfare Centers

The county welfare board in each county, in cooperation with the Public Welfare Board's Area Social Service Center, which are located at the following places:

Bismarck Area - Room #3 - Basement
420 North Fourth Street
Bismarck, N. Dak.
Telephone 223-8000 (Ext. 334)
(May have different Bismarck address by March, 1966)

McLean County
Sheridan County
Mercer County
Oliver County
Morton County
Grant County
Sioux County
Emmons County
Kidder County
Burleigh County

Dickinson Area, Golden Valley — 227 Sims Street (Box 748
Dickinson, N. Dak.
Telephone 224-3908
(May move to 2nd Ave. West (near 1st Ave.) by May 1966

Fargo Area — 220-8th St. N. (Box 1224)
Fargo, N. Dak., Tele. 232-7911

Grand Forks Area — Box 8114, University Station
Grand Forks, N. Dak.
Telephone 777-2114
(May move to 2303 S. Washington by March 1966)

Jamestown Area — Box 38, Jamestown College
Jamestown, N. Dak.
Telephone 252-5431

Lake Region Area — Minnewaukan, N. Dak.
Telephone 7891
(May move to Devils Lake by June 1966)

Minot Area — 2001 Valker Road
Minot, N. Dak.
Telephone 838-6590

Williston Area — 319 Eighth St. West
Williston, N. Dak.
Telephone 572-6761

Cass County residents may contact Cass County Children's Social Service Center, 57 Eleventh Avenue North, Fargo.
Telephone 235-7384

2. Sponsoring Agency or Institution:

County Welfare Boards and State Public Welfare Board

3. Psychological Services available:

Evaluation of social and emotional problems which may or may not include an intellectual evaluation. Because of the great influence on a child of placement in Special Education, testing for such placement can be done.

4. Client eligibility: (Include information about who may receive service and from whom applications for appointments are acceptable.)

Anybody up to age 21, including parents of children under 21. The school should ask the parents to contact the local county welfare board or the closest Area Social Service Center In case of doubt, inquiry should be directed to the county welfare board. The county may make direct referrals, as well as the parents.

5. Approximate time between request and appointment time:

One week to two months, depending on distance of county to city where psychologist and social worker are stationed, workload, et cetera. Some of the Area Social Service Centers are staffed to perform this service on short notice, but in some instances it is necessary to make special arrangements.

6. Fees

None

7. Will reports be available to school following examinations?

1) A conference is always encouraged.

2) Parents may authorize the release of information, generally to the Director of Special Education, who may share the report with the school.

8. To make appointments write directly to:

County Welfare Board, or Area Social Service Center.

Information provided by Olov G. Gardebring

Title Director of Pdychological Services
Public Welfare Board of North Dakota, Bismarck, N. Dak.

AGENCY SERVICES - IV

1. Name of Facility or Agency

   Department of Psychology
   Psychological Services Center

2. Sponsoring Agency or Institution:

   University of North Dakota

3. Psychological services available:

   Diagnostic and Psychotherapeutic procedures with children and adults.

4. Client eligibility: (Include information about who may receive service and from whom applications for appointments are acceptable)

   Anyone is eligible to apply for services or make referrals. Where indicated clients may be requested to obtain medical examinations.

5. Approximate time between request and appointment time:

   Varies considerably but may involve several weeks.

6. Fees

   Based on client's ability to pay. May be as high as in private practice when the case does not fit into training needs of clinic students.

7. Will reports be available to the school following examinations?

   When a referral is made by any agency and the client is aware of this, reports are made directly to that agency.

8. To make appointments write directly to:

   Dr. William H. James
   Psychology Department
   University of North Dakota
   Grand Forks, North Dakota

Information provided by W. H. James

Title Director, Clinical Psychology Training Program

Date 12/15/65

AGENCY SERVICES - V

1. Name of Facility or Agency

   Vocational and Educational Guidance Center,
   University of North Dakota
   Grand Forks, North Dakota

2. Sponsoring Agency or Institution:

   Department of Counseling and Guidance

3. Psychological services available:

   Counseling for personal-social, educational and vocational adjustment of all school youth.

4. Client eligibility: (Include information about who may receive service and from whom applications for appointments are acceptable.)

   All youth. Self-referrals, school referrals

5. Approximate time between request and appointment time:

   One week to one month

6. Fees

   No fees

7. Will reports be available to the school following examinations?

   Yes

8. To make appointments write directly to:

   Dr. Eldon M. Gade, Chairman
   Department of Counseling and Guidance
   University of North Dakota
   Grand Forks, N. Dak.

Information provided by E. M. Gade

Title Associate Professor and Chairman
Department of Counseling and Guidance

Date 11/12/65

AGENCY SERVICES - VI

1. Name of Facility or Agency:

   Department of Special Education

2. Sponsoring Agency or Institution:

   Minot State College

3. Psychological Services available:

   Diagnostic procedures with children and adults

4. Client eligibility:

   Language-impaired children and adults for team evaluations by speech pathologist, audiologist, social worker and psychologist; and children applying for admission to s u m m ersession E.M.R. room. Medical, educational, and social reports requested.

5. Approximate time between request and appointment time:

   Varies - but usually about four weeks

6. Fees:

   Team evaluation - $30.00

7. Will reports be available to the school following examinations?

   Yes

8. To make appointment write directly to:

   Edna Gilbert, Ph.D., Chairman
   Division of Special Education
   Minot State College
   Minot, North Dakota

Information provided by Dr. Edna Gilbert

Title: Chairman, Division of Special Education

Date 1/12/66

AGENCY SERVICES - VII

1. Name of Facility or Agency:

   Department of Psychology

2. Sponsoring Agency or Institution:

   Minot State College

3. Psychological services available:

   The Department of Psychology offers diagnostic testing and counseling which includes a consulting service to parents, schools, and other agencies. The Guidance and Testing Service is not considered a part of the Department of Psychology and endeavors to limit its service to current, and prospective students with no charge.

4. Client eligibility:

   Anyone is eligible to apply for service

5. Approximate time between request and appointment time:

   One to two weeks

6 Fees

   $25.00 and up depending on extent of the evaluation. The client or referring agency must be prepared to bear full cost of the service.

7. Will reports be available to school following examination?

   Written reports are made directly to referring agency when the client is aware of the referral. Reports of children referred by the parents are made orally to the parents, written reports are made available to the school or other agencies with parental consent.

8. To make appointment for psychological services write directly to:

   Dr. Mauderie H. Saunders, Ph.D.
   Mr. Gary K. Scott, Ph.D.

Information provided by Dr. M. H. Saunders

Dr. G. K. Scott

Title Professor of Psychology

Minot State College, Minot, N. Dak.

Date 12/1/65

AGENCY SERVICES - VIII

1. Name of Facility or Agency

   State Psychiatric Clinic
   State Hospital, Jamestown, N. Dak.

2. Sponsoring Agency or Institution:

   State Hospital, Jamestown, N. Dak.

3. Psychological Services available:

   Out-patient psychological and
   psychiatric evaluation

4. Client eligibility: (Include information about who receive service and from whom applications for appointments are acceptable.)

   Any referring agency or referral from parents, private medical practitioners, psychiatrists or others.

5. Approximate time between request and appointment time:

   Between one and two weeks

6. Fees

   Sliding scale according to ability to pay

7. Will reports be available to the school following examinations?

   Yes, upon request

8. To make appointments write directly to:

   State Psychiatric Clinic
   State Hospital
   Jamestown, North Dakota

Information provided by H. A. Carbone, M.D.

Title: Superintendent, State Hospital, Jamestown

PSYCHOLOGICAL TESTING AND SERVICES IN THE PUBLIC SCHOOLS

A public school may include on its staff a trained person to provide psychological services in the school. There are three programs of special training which yield personnel useful to the school in this area. They are:

1. The Visiting Counselor to Socially and Emotionally Maladjusted Children*

2. The School Psychometrist

3. The School Psychologist

(*It should be noted that in contrast to Guidance Counselor who serves all of the school children, this specially trained person would be concerned primarily with the 10% who are non-achievers in school and the 3% who are socially and emotionally maladjusted.)

Training Requirements and Functions

1. FULL-TIME VISITING COUNSELOR

Training:

a. A M.S. or M.A. degree

b. A valid first grade professional teaching certificate in North Dakota

c. 26 hours of basic undergraduate course work in the area of psychology and social work. (See the GUIDE TO SPECIAL EDUCATION IN NORTH DAKOTA. V. Visiting Counselor to Socially and Emotionally Maladjusted Children)

d. 30 hours of specific graduate courses

Functions of the Visiting Counselor

a. Interviews with children referred because of social problems, emotional maladjustment or school adjustment problem.

b. Conferences with parents and teachers

c. Referral to agencies and organizations within the community

d. Cooperation with community resources in helping children

e. Individual evaluation of children through testing

f. Planning individual programs which will modify the causes of specific cases of maladjustment.

State Participation See page 18

2. FULL-TIME SCHOOL PSYCHOMETRIST

Training:

a. M.A. or M.S. degree

b. A valid North Dakota teaching certificate

c. Graduate credit (24 semester hours) in educational psychology, psychology, guidance and counseling or special education including the following graduate and undergraduate courses:

1. Child psychology (3 hrs. sem.)
2. Adolescent psychology (3 sem hrs.) or
3. Tests and Measurements (3 sem hrs.)
4. Abnormal Psychology (3 sem. hrs.)
5. Personality Theory or Mental Hygiene (2 sem hrs)
6. Individual Testing (3 sem hrs.)
7. Supervised Practicum in Individual Testing (3 sem. hrs.)
8. Techniques in Interviewing (3 sem. hrs.)
9. Practicum in Interviewing (2 sem. hrs.)
10. Individual Appraisal (3 sem. hrs.)

d. A letter of recommendation from the supervisor of testing practicum in an approved training program.

Function:

a. To make individual and group evaluations of school children for the purpose of improving instruction.

b. To help parents and teachers in their role of improving the instruction program for individual children.

c. To refer children with emotional problems for psychiatric consultation

d. To provide consultation for group testing program

e. To assist in community understanding and acceptance of individuals.

State Participation:
The public school board hiring an approved school psychologist under the special education program may expect an amount not to exceed $2,000.00 for the school year as partial reimbursement for pre-approved programs.

3. FULL-TIME SCHOOL PSYCHOLOGIST

Training:

a. A doctoral degree

b. A valid North Dakota teaching certificate

c. Graduate credits (30 sem. hrs.) in addition to the requirements for school psychometrist in North Dakota public schools including

1. Clinical Psychology
2. Projective Techniques
3. Supervised Clinical experience in individual psychotherapy and counseling
4. Advanced statistics
5. Theories of learning

d. A letter of recommendation from the supervisor of clinical experience.

Function:

a. Individual Testing

b. Referral for psychiatric evaluation

c. Individual counseling where indicated

d. Conferences with parents, teachers

e. To assist the school administrator in obtaining optimum environment for learning in the school.

State Participation:
The public school board hiring an approved school psychologist under the special education program may expect an amount not to exceed $2,000.00 for the school year as partial reimbursement for pre-approved programs.